CASE STUDY: UTERINE FIBROIDS

A 45-year-old client is diagnosed with leiomyomas (uterine fibroids) and has been advised to have a hysterectomy. She is very resistant to the idea and asks for a second opinion. She is married and has two children, ages 5 and 11 years, and works as a receptionist.

1. How would you advise this client?

2. What would you do if you believed the hysterectomy is necessary?

3. The laboratory values include hemoglobin of 8.5 and hematocrit of 30. Is this significant to the discussion?